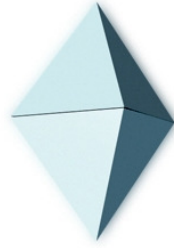
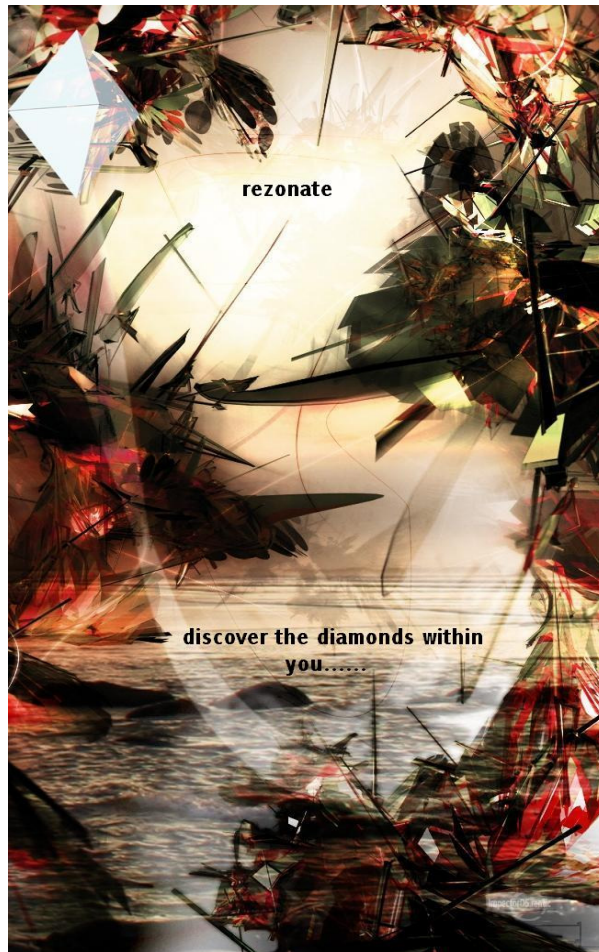


Rezonate / Diamond Light World



Newsletter
September 2009



Begin with the possible; begin with one step

Rezonate

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Hello everyone

I don't know about all of you out there, but it seems to me as if the energies around at the moment are almost forcing change at a very rapid rate – both personal and collective. Many people I have spoken with have been through some pretty intense upheaval in one way or another over the past few weeks following on from the series of eclipses and the solstice through June-August.

It is almost as if we are being pushed into making the necessary changes in our lives that will bring us into a new space that is ultimately serving our growth and evolution. The intensity of the feeling is such that my Diamond Light Code transmission (for paying up subscribers only) for September was created with the theme of "Courage"- a word that has been repeating in my head since late August. It seems as if the only constant at the moment is change, and massive changes are needed to bring a completely fresh perspective into our world. As with everything, this begins first with us as individuals!

Courage is required to face our fears, make the necessary changes and to do the right things – and that is not always easy. With so much of the collective shadow churning up, fear is constantly staring us in the face, so the more we can do to transmute this and shift our own vibration, the better (see the free e-book available this month in the promotion section, which is invaluable for assisting to transmute fear).

One of the interesting things I have come across over the past 2 months is the number of women who have experienced a change in their menstrual cycles – many of whom have been drawn into stronger alignment with the moon phases. There is also a group of women I have come across who experienced an amazing spontaneous synchronisation with each other while away on holiday. This was a reasonably large group of 10 women and all experienced a cycle shift and menstrual onset within 2 days of being with each other (this was around 12 August). I, myself experienced a powerful shift and alignment at the full moon in August when my cycle was pulled forward by 8 days.

We hear about these things happening when women are in each other's company, but up until now that synchronisation has taken more than a few months to establish itself – what is happening now is different, and certainly more instantaneous. Almost 90% of the women across all ages (and pre-menopausal), that I have spoken to over the past 2 months have indicated that they have been through a change of some sort in their monthly cycles.

My feeling about this and so many of the things that are happening both to us and around us at the moment, is that we are almost being 'phase shifted' or re-tuned into stronger alignment with the planetary and cosmic cycles as we become more integrated as part of the greater whole. We are experiencing a change in the cosmic cycle as the evolutionary process accelerates and this is happening both energetically and very definitely physically. The menstrual cycles are a very obvious external indicator of a much deeper pulse of energetic change that is sweeping through the very fabric of our being.

We have received a great deal of information this year about the harmonisation of masculine and feminine energies and the awakening of the sacred heart. As the divine feminine moves back into her own power, she needs to hold the creative visions of our emerging new world whilst engaging the strength, spiritualization and action of the divine masculine in helping to bring it about.

We hold the balance of the planet in our hands – each and every one of us. It's up to us to transmute our own fear and anger as we recognise it and bring our own centre back into balance. It is an ongoing cycle. Recognise, transmute and hold the balance.

I have a special sign up offer for all new subscribers to access a free mp3 download to assist with a basic diamond balancing alignment. To all existing subscribers, here is the link for you to access this 10 minute mp3 as a thank you for your ongoing support.

<http://www.diamondlightworld.com/alignmentmp3.html>

This mp3 is actually a short initial exercise as part of the Call to Presence home study program and is the first stepping stone in becoming familiar with the diamond energy field – many people have experienced profound responses from this audio alone.

Wishing you a month filled with courage, strength, transformation, balance and support from unexpected places!

Love and diamond blessings

Julie

Rezonate Events

SEPTEMBER 2009

25 In the Heart of the Diamond (1 Day)

An introduction to the powerful transformative capacity of the diamond and awakened heart

Venue : Stepping Stones School, Farnham, Surrey

Bookings/Enquiries : Julie

Sharon/Lynn

Tel : 079 0086 1221

01252 821616

26 The Energies of Transformation (1 Day)

Giving you insight into how the current transformational shifts affect you at all levels – biologically, mentally, emotionally and physically as well as tools to help you move with the changes.

Venue : Stepping Stones School, Farnham, Surrey

Bookings/Enquiries : Julie

Sharon/Lynn

Tel : 079 0086 1221

01252 821616

Please note that the planned South African workshops in October will no longer be going ahead due to unforeseen changes. Instead there are a number of private workshops that are being run in the UK.

We are also currently looking at the level of interest for a Magic of Colour workshop in Surrey during October or November. If there is anybody interested in learning more about the energy and meaning of colour, then please register your interest with either myself (079 0086 1221) or Sharon (01252 821616)

For more information about all workshops visit www.diamondlightworld.com and download the workshop brochure from the Download page (pdf file) . Or email Julie@rezonate.co.uk to request details and a booking form. Bookings for UK workshops can also be made online using paypal at <http://www.diamondlightworld.com/wdates.html>

Don't forget to visit our Testimonials page

<http://www.diamondlightworld.com/testimonials.html> to hear how others are experiencing the amazing power of the diamond.

SPECIAL PROMOTIONS AND FREEBIES !!

1. "A Call to Presence"

For a limited time only, the download version of our special Home Study program is on sale at the amazing price of £53 (this represents a 34% discount off the normal selling price)

Over 9 hours of audio, energy exercises, meditations and a 130 page workbook to activate and align your diamond lightbody.

An opportunity not to be missed.

Click here for details :

<http://www.diamondlightworld.com/ctp.html>

2. Freedom From Fear – a free e-book

Fear is the probably the single biggest factor that holds us back from living the life we were born to live, the life that we deserve.

How different would your life be if you were truly free of fear?

As we transform ourselves, we also transform the world by sending a different vibration out into the collective energy fields, thereby also supporting others.

The diamond is a natural amplifier or booster of electromagnetic signals, so combine the diamond with transformation of emotions and you have a very powerful effect taking place!

Find your free e-book here :

<http://bfe2d0xzs03n5sdcy8pio9qv0o.hop.clickbank.net/>

ARTICLES AND LINKS

1. **Betting on an Invisible Future** by Gillian McBeth Louthan

www.thequantumawakening.com

You have each walked into a stairway of questing, of questioning, of asking what is the next step of my journey, of my heart, of my mission. You stand at the top of the stairway to heaven, but it does not connect to anything that you can feel or see. Your hearts' desires live above the patterns of the mass consciousness and the mass manifestations. As you reach into your higher heart for higher truths, higher lights and higher loves; you also reach for higher creational abilities. These manifestations live in the invisible. They are visible only in your mind, in your heart and in your dreams. But they are invisible in your physical world.

You are asked to place all of your desires, your wants, and your needs –upon an invisible future. There are so few that truly know without a doubt that the invisible will manifest in accordance with how deeply, how strongly, how powerfully they believe. You cannot see your future because your future does not live here on earth. It has not come as of yet. It has not manifested, you are ahead of your creations. In this there is great frustration, as you feel all alone in your creations. It is like baking a cake from a cake mix box that has no directions on it, putting it into an oven that is invisible and turning on a timer that does not exist.

Each of you holds your personal 'vision in invisibility.' Every great person that has existed on this earth has held the *vision in a place of invisibility*. First they imagined it, then they embraced it, and then they loved it until the invisible became true. It did not come by some divine decree. It came into manifestation through the hearts, the yearnings and the desires of those that called it into existence.

You are responsible for creating the invisible dream that dwells in your heart. You hold it as one who holds a baby bird in their hands – comforting it, giving it warmth, nurturing it. You are continually birthing what you need, and what you desire. Most people give up before it is manifested -- the very day the birth is to be announced they quit, they stop, and they walk away. They think who will notice? Who will care? *Everything of life notices and everything of life cares!* All of Earth was ready to welcome in that manifestation that you so lovingly created, and germinated inside of your heart and that you so thoughtlessly aborted before it was birthed.

Trust the seeds that you have planted. You must trust that what your soul yearns for is true and will come forth and be birthed. The Creator does not ever and can not ever hold back from you or sequester something from you. You are given full reign on earth. You are the ones that will birth the future. *When you see a need, fill it.* At that moment in time the universe is saying to you – “Help me to birth this. Help God to birth it by just holding the vision long enough for it to manifest”.

Each of you is asked continually to help birth a better future, a better Earth, just by your thinking. *Hold the vision of goodness for your world – not just your own creations.* Whenever you have an opportunity to seed another's thought – give them the gift of what you know to be truth and hope. Hold that gift long enough until it is birthed. Do not ever give up on it. The Creator, the Source has never given up on you. Do not give up on others. Do not laugh at their dreams or toss their dreams to the wind because sometimes a person's dreams is all that they have to live for. Help to birth the dreams, the desires, and the invisible into the visible.

2. Project Camelot

www.projectcamelot.org

*This website is an interesting one if you want to know what is really going on in the world. If you haven't come across it yet, Bill Ryan and Kerry Cassidy interview a number of 'whistleblowers' from many shadow government projects around the world as well as some brave big picture thinkers. It is **not** about conspiracies, rather it is an attempt to expose more information and hopefully some truth. Please also note that they are not about **telling** you what is right or wrong, or even what is true in terms of testimonies, so your own discernment is needed in watching or listening to the information given. It is up to us to become educated.*

Two of the links that I would recommend are below and they are :

1. Wingmakers – a transcribed interview with James of Wingmakers. This is a spiritual philosophy that I resonate with, as ultimately the responsibility lies with us, or as James puts it, The Sovereign Integral, which is the highest aspect of who we are. The website at www.eventtemples.com , also gives some wonderful information and guidance for living truly from the heart & is worth taking a look at.

- The Sovereign Integral – an interview with James of Wingmakers

http://www.projectcamelot.org/james_wingmakers_sovereign_integral.html

<http://eventtemples.com/>

2. A video interview with Jane Burgermeister, a medical journalist and whistleblower speaking about the proposed Swine Flu vaccine and what she has uncovered. The entire video is almost an hour long, however it is worth listening to what she has to say.

- What's all the fuss about Swine Flu?

<http://www.youtube.com/watch?v=PeITWCUmTsU>

As my friend Susan Joy Rennison (author of Tuning the Diamonds) says, it is a time to exercise "Spiritual Intelligence", and to develop both our higher intuitive faculties as well as our higher reasoning capacity – being more whole brained and balanced. Be aware and discerning.

Julie

3. The Conscious Living Festival

The first in a series of "Conscious Living" festivals is opening it's doors in Cumbria in September. There will be a number of stalls, talks, taster sessions etc, and the entrance is FREE.

Please visit the website via the link below for details, and it's also worth taking a look around to see some of the holistic community work that is being done, with some very special projects in South Africa. Julie

<http://energymedicinefoundation.co.uk/ConsciousLivingFestival.aspx>

4. Ryan's Song from Aluna Joy **www.alunajoy.com**

This is a poignant message that was circulated the other day, and worth taking note of - we are not in competition with each other, rather this is about working together, supporting each other and recognizing the deeper truth in the understanding that we are all connected. Julie

RYAN'S SONG

A dear spirit brother, Maya enthusiast, and past pilgrimage group member, Ryan Parks, accidentally overdosed and is now way beyond returning to this world. It has been hard for all of us that know his gentle sensitive spirit, and it is such a loss for this world. Ryan is a rare one. The way he sees the world is so rarified that we can hardly relate to it. It is like he sees the world as God does . . . pure and perfect. Ryan was very much like the actor in the movie "American Beauty" that could see the beauty in a piece of trash floating in the air. It was a joy to watch him.

It is so hard for sensitive ones to tolerate this world. Sometimes they can fade away without anyone noticing their beauty and expression of God's light. They can become drunks, drug addicts and crazy without our support. One day I saw God in the blue eyes of a begging addict on a street as I handed him a five dollar bill. I will never forget it. It changed my life. Yet even with Ryan's mother's courageous support, he still found this world too hard to bear. He could not find home. He looked for escape.

Ryan's heart song tells us that WE NEED TO SUPPORT EACH OTHER! These are intense times. PLEASE do not be embarrassed to let others know that you are hanging on by a thread. Don't be shy about asking for help from a friend. This is what Spiritual Community should be best at, and yet I find it not filling this role. In fact, I find many spiritual communities are becoming a place where there is ego based competition with spiritual levels. How righteous we are in our spiritual path, etc.... We feel we cannot show our weakness because we will be judged, criticized or condemned. We loose our right to be real. For those who have their feet only lightly touching this earth, this is an unbearable environment, and they feel abandoned by the lack of support. Because we do not understand them, we judge them. This saddens me because I feel that we are loosing so many of our best and brightest. When Jesus said "DO NOT JUDGE", this was not said lightly. Judging kills! Judging is a form of negative projection and is a form of black magic.

Please . . . everyone hear me . . . In these very intense times, IT IS IMPERATIVE that WE SUPPORT EACH OTHER . . . HOLD EACH OTHER . . . and NOT JUDGE EACH OTHER. Being a sensitive myself, I know how hard it is to stay here day in and day out. So do not judge those around you who do not seem to be able to cope or can't seem to get their act together. They are

our barometers for this world. They are the canaries the miners take down into the mines to test the environment. And speaking about the environment . . ., from where I stand, it looks like we are hitting a very deep and critical period. We cannot do this alone anymore. The environment and evolution of this Earth, is pushing us to reconnect with each other or else!

Ryan reminds me that we are so close to shifting into the new world. The closer we get to that door, the more intense it will get. ANYTHING that is not GOD'S PERFECTION and DIVINE PLAN will rise up to be cleared. Sensitive ones are feeling this. Sensitive ones will be our alarm clocks so that we will know when the time is near. So we must honor and support them. These are amazing times, but they are not easy. I know the only way through this time is to hold hands together and walk these last few steps on equal footing . . . no one lesser or greater than the other. Just God's children walking hand in hand through the gates into the new world. I think Ryan would not have it any other way.

*And back to Ryan who inspired this insight . . .
and an urgent plea from me and Ryan's mother Kim.*

PLEASE PRAY THAT RYAN IS RELEASED from his body and in the company of a LEGION OF RAINBOW ANGELS!

I was at a local pizza house because a good friend of mine was performing. We requested that he sing the song "Blackbird", by the Beatles, not knowing why. When our friend played it, I realized that it was for Ryan. I realized, as we sat there singing, that I was singing it for Ryan. I know music was Ryan's saving grace and escape in this world. So what better way than a song to send him along in his journey? We sat there with tears in our eyes . . . sending him this song with our hearts. So, I ask all of you healers out there, please take a moment to help Ryan "Take HIS broken wings and learn to FLY". We know he does not want to be where he is. It is time for Ryan to make the journey home. He has been waiting for this moment to be free. I know he will be waiting for us, with a joyful heart, on the other side.

*Blackbird singing in the dead of night
Take these broken wings and learn to fly
All your life... You were only waiting for this moment to arrive.
Blackbird singing in the dead of night,
Take these sunken eyes and learn to see
All your life ... You were only waiting for this moment to be free.*

*Blackbird fly, Blackbird fly Into the light of a dark black night.
Blackbird fly, Blackbird fly Into the light of a dark black night.*

*Blackbird singing in the dead of night
Take these broken wings and learn to fly
All your life ... You were only waiting for this moment to arise
You were only waiting for this moment to arise
You were only waiting for this moment to arise*

Thank you all for reading this... enduring my emotional and somber message. But it seems to be the message of the day. I hope you take it in, and then look around you to see if someone near you needs a hug, some support and love. And if you are the one in need, PLEASE ask for help before you do something that could cause us to loose you! Please! We all need each other. We are all God's Children.

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I feel like I'm trapped, a feeling I can't erase
 Trapped in this time, trapped in this space
 wanting to soar above it all
 To touch the sky, and not to fall
 Into this earth and its lofty cares
 I want to flee and escape its snares

To run from concrete cities that prey on the earth
 And the industrialization that has given birth
 To white collar slaves who toil in splendor
 Who use knowledge as power, killing its wonder

In this oceans blue, the sky so vast
 I'm just a speck, a glimmer who won't last
 Who yearns to be heard, to share my light
 To do my purpose, to have my flame burn bright

And yet they snuff me, I'm too free and wild
 To break society's rules, one must be a child
 To shine my light is somewhat a crime
 In a world where being yourself a climb

So this is my paradox, this is my plight
 Wanting to share but wanting to take flight
 I ask the sky, the moon, the trees
 If it is possible that my soul will be appeased
 If I could stay and have in this life
 My earthly yearnings and be free from strife

In my heart I know my spirit will always fly
 As long as my soul continues to ask why
 In my body, I know I'm here to learn how
 To fulfill my dreams yet live in the now.
 Quynh Nguyen 1993

5. Freedom from Fear

Imagine if you had absolutely no fear of failure (or success...) and you knew you could accomplish anything you wanted - no limitations whatsoever. What would you do with your life? Would you change careers or start a business?

Would you go travelling? Would you write that novel?

When you overcome the influences of fear, you unlock an amazing life for yourself... ..but fear surrounds and suppresses people in so many ways - Fear of losing your job, the world wide crises, public speaking, rejection, spiders, teletubbies!

...so grab this new free ebook, [22 Powerful Ways To Transform Your Fear Into Happiness, Peace and Inspiration](#).

It can help you -

- * Make positive changes in your thinking and living ...with much less resistance * Feel more motivated and inspired...
- * Break destructive habits and behaviour more effectively ...overcome phobias
- * Find inner peace and happiness
- * Co create a less fearful collective consciousness which benefits all of humanity
- * and even boost your immune system and dramatically reduce the risk of stress related diseases (which is 95% of all diseases according to a recent Stanford University study...)

Visit the link below to download this important new ebook...

...and it's free :)

<http://bfe2d0xzs03n5sdcy8pio9qv0o.hop.clickbank.net/>

Crammed full with valuable tips, exercises, articles, and audio/video links, you'll discover -

- * How to create effective affirmations to feel calm, centered and confident
- * How to use journalling to explore inner blockages
- * 3 Top Tips on how to connect with pure positive energy
- * How to transcend overwhelming fear using The 3 Step Sedona method
- * How to produce more Feel Good chemicals into your brain ...naturally...
- * 4 Powerful prayers and a wonderful meditation to soothe fearful thoughts
- * How to release charged emotions through grounding
- * 3 Simple ways to turn fear into gratitude
- * How to use a Feel Good Trigger to instantly release fear and stress
- * The Dale Carnegie technique, an Abraham/Hicks technique, and how to use them
- * How to use EFT (Emotional Freedom Technique) to remove fear
- * Free hypnosis script, free video and audio links, and much more

Visit here now to grab your free copy -

<http://bfe2d0xzs03n5sdcy8pio9qv0o.hop.clickbank.net/>

P.S Overcoming the influence of fear so you can live an amazing life is a simple matter of knowing how to diffuse the fearful feelings in the heat of the moment. This ebook can help you.

6. Recommended Reading / Viewing

a. The Boat that Rocked (movie)

This absolutely irreverent movie is British made and recounts of the actions of a number of DJ's who bucked the system in the late 1960's /early 1970's by establishing pirate radio stations on ships in order to broadcast rock & roll music (which was deemed 'illegal' by the powers that be at the time!).

Whilst it doesn't fall within the scope of 'spiritual' movies, the ultimate message is certainly relevant – these guys stood up to what was deemed to be the "Authority" on what was good, right or proper for the general population, and in so doing changed the face of broadcast radio in the UK and around the world.

It is certainly fun to watch with a deeper message regarding issues we are facing today. There is a difference between 'doing things right' and doing the 'right thing' – the former based on a framework provide by others and the latter usually requiring a great deal of courage and our own Higher Authority. Time to reflect on where we perhaps slip into each of the different modes.....

b. Fk It – The Ultimate Spiritual Way by John C.Parkin**

Believe it or not, this book is actually published by Hay House! The title really tickled me – as it is obviously intended to. Suspend your initial judgments as there are some great universal principles adapted for so-called western thought and culture. Worth reading!

Check out the website at www.thefuckitway.com The book is also available at amazon. The extract below is from the author's website :

Saying 'Fuck It' is like massage for the mind –

Relaxing you, releasing tension, giving up on things that aren't working.

John C. Parkin argues that saying Fuck It is a spiritual act:

That it is the perfect western expression of the eastern ideas of letting go, giving up and finding real freedom by realising that things don't matter so much (if at all).

It works very simply: if you're feeling stressed about something, say Fuck It... you feel instantly better.

c. Supernatural – by Graham Hancock

This fascinating book is the latest offering by a well respected author and deals with the subject of human evolution. The book is heavy reading in places but questions how it is that there appears to have been a 'spontaneous' or quantum leap in the activities of human beings almost 50 000 years ago.

From rock art that appeared around the same time, with the same themes around the world, to ancient shamanic practices, the real purpose in using natural psychedelics, our mysterious 'junk' DNA, DMT, tuning the brain and accessing 'real' alternate dimensions there is a great deal of tantalizing and thought-provoking research.

Do we have access to the ancient 'teachers' through our DNA, and what is it that precipitates our evolution?

Well worth reading.