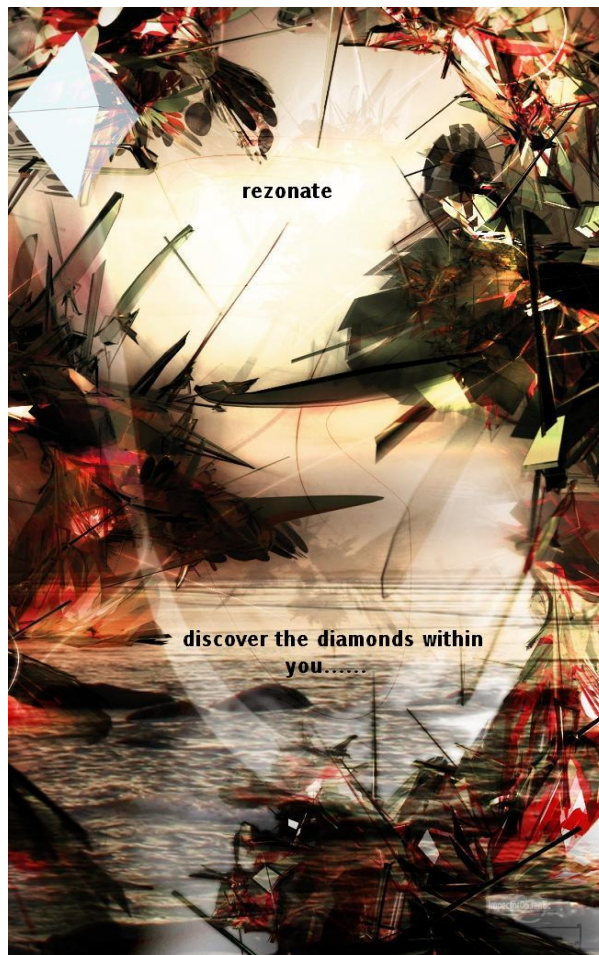


# Rezonate



## *Newsletter* January/February 2008



*Begin with the possible; begin with one step*

Rezonate

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## Greetings!

Welcome to the New Year with all that it promises and holds in store – and a slightly new look newsletter! It feels as if we are coming out on the other side of a major energy influx, and quite a few of the people I have spoken with recently have confirmed that this has indeed been the process. Most are experiencing swings in either energy levels, emotional states or both as our physical bodies adjust to this new state.

The stakes are being raised as we enter a year with the energy of the new so prominent in it's numerology (2008 = 1). With this in mind, the first article I have included this month is by Allen Stacker who writes a lot about "New Energy" and how we might adjust to this. I like his no nonsense style of approach & you may wish to visit the website for some more interesting information.

Of course, each time we raise our consciousness, we effectively learn to live and work within a new energy framework as the vibrations quicken and become finer. The difference at the moment with everything speeding towards grand planetary, solar and cosmic alignments, is that the level of consciousness we are opening to requires a major leap – a quantum leap if you will. This is characterised by definite changes in the brain and literally within our body circuitry (anyone who has some knowledge of spiral dynamics will understand this as the jump from green-yellow and beyond). Our sense of who we are and how we fit into the bigger scheme of things changes as we integrate our shadows and align with our very real, divine core. Ways of doing business will change, our sense of the divine nature of the universe will deepen and new vibrational energy processes will support us in 'being' and aligning more effectively within this space. The New Energy is real.

I have included a bit of fun in this newsletter with "How Smart is Your Right Foot?" – a fascinating little exercise that demonstrates the interconnectedness within ourselves, as well as the extent of some of our automatic 'programming'. If anyone manages a different outcome to the expected one, please let me know!! (I haven't been able to yet!)

Also of interest this month, is an article by Dr Valerie Hunt on Bioscalar Energy and healing. Dr Hunt is a well-respected figure in the world of Vibrational Medicine who has worked with and researched this extensively for many years. I was pointed in the direction of Dr Hunt's work after recent experiences with what I could only describe as a "standing wave" core energy build-up associated with the Diamond Light Grid work. All along my journey it has been a case of first experiencing something and then being guided to the information to validate and explain the experience (The scientist within me always wants to know how, why and what, even while accepting the experience on trust!)

I will be bringing in my own understanding of this, as well as processes to build core energy in the Diamond Light Grid Level 2 workshops.....so watch this space.!

### And finally a reminder of the Rezonate workshops coming up in Feb & March :

<b>Feb 9/10</b>	<b>The Magic of Colour</b>	<b>Thirsk, North Yorks</b>
<b>Feb 16/17</b>	<b>Reiki 1</b>	<b>Northallerton, North Yorks</b>
<b>Feb 23/24</b>	<b>The Diamond Light Grid Level 1</b>	<b>West Midlands</b>
<b>Mar 1/2</b>	<b>The Magic of Colour</b>	<b>Northallerton, North Yorks</b>
<b>Mar 8/9+15/16</b>	<b>Antanea Technique</b>	<b>Northallerton, North Yorks</b>
<b>Mar 29/30</b>	<b>The Diamond Light Grid Level 2</b>	<b>North Yorks</b>

Wishing you rainbow blessings aplenty for the coming year!

Love

*Julie*

## 1. ALLEN'S CORE NEW ENERGY TEACHINGS

An article by Allen Stacker, [www.pointsofpower.com.au](http://www.pointsofpower.com.au)

**Can I?  
Yes, of course you can!**

**Of course you can read all the motivational books, attend the seminars and do all the courses.**

**You can even have your very own personal success coach to help you track down your lost personal power.**

**Of course you can meditate, supplicate, chant, pray, proselytize, ritualize, philosophize, dogmatize, idolize or fast.**

**You can even count your beads and wear your crystals.**

**Of course you can give yourself over to spiritual hierarchies and Ascended Masters – even to the Great White Brotherhood itself.**

**Of course you can join a church or religious organization.**

**You can even join a schismatic sect or a secret order (a religion with no political power).**

**You can also live in a monastery, in an ashram or on a mountaintop.**

**Of course you can worship Yeshua or Siddhartha, or even just your favorite heavenly Angel or earthly guru.**

**Of course you can believe that you are nothing but a wicked little creature that needs to bow and grovel before a Godhead because of your profound unworthiness, or perform pilgrimages of sacrifice in order to get to a place where you'll be blessed enough to be healed and forgiven –**

**or at least have something happen.**

**Yes, of course you can engage in any of this, and more.**

**Not to mention all the conspiracies – UFO and otherwise.**

**Or...you can simply do what all the young kids of today tell one another to do, and *GET REAL!***

**You can awaken from the age-old (and very convincing) illusion of duality to the highest truth there is –**

**YOU ARE GOD ALSO.**

**11:11  
It is time.**

### **The Teachings...**

- Awakening from The Dream of who you think you are, to The Grand Reality of who You Truly Are.
- Complete Self-Awareness / Acceptance / Veneration / Worth / Confidence / Esteem / Trust / Honour / Love.
- Understanding that The New Energy is a TOTALLY NEW, REAL and EXISTENT Physics, and Metaphysics, and not another 'ground-breaking' Spiritual Philosophy or a fancy term for New Age.
- Managing Transition into The New Energy - Learning to Fully Accept, Allow, Release, Let Go and Trust... and fall into the loving hands of the God that you are.

- Understanding Change and Suffering... that things are not always as they seem.
- The Ability to remain Peaceful and Powerful in Difficult and Radically Changing Circumstances.
- Learning to Tolerate The Intolerable, Expect The Unexpected and Celebrate Uncertainty.
- Claiming the Infallible Power of Inner Guidance, and a Total Lack of Worry about The Future - An Absolute "Knowing" that All is Well and in Perfect Divine Order.
- Understanding and Managing the Numerous and Diverse (and often very disconcerting) Symptoms of Inner Spiritual Awakening and Transformation.
- Living in The Power and Perfection of The Present - In Safety, Peace, Joy and Power - Beyond Worry, Contrition, Struggle and Fear, and also Agenda, Resistance, Judgement, Blame, Guilt, Jealousy, Shame and Comparison
- Shifting from the Illusory Old Energy World of Duality (Win-Lose, Success-Failure, Oppressor-Victim, Good-Bad, Right-Wrong, Love-Hate, Greater-Lesser) To Oneness, and Unlimited Life - and Freedom
  - Reality Creation - Understanding The Nature of and Changing Personal Reality / How Creation Works Very Differently, and Far More Powerfully, Effortlessly and Efficiently in The New Energy
- Limitation Transcendence / Painless Release from The Past (karmic lessons)/ creating a Brand-New Unlimited Future and moving into 'Ascension Status'
- Understanding that in The New Energy "What's Next" is Never a Question or Prediction, or a Karmic Effect of The Past, but is forever your Free Creation in The Present (and that you don't fear what you can create)
- Solving Major Life Challenges/Problems in a Totally New Way - Health, Relationships, Finances (and Self-Worth / Trust)
- Getting out of your human way and operating from the viewpoint of the Higher Self. Moving beyond all the old energy abstractions of supplication, meditation, worship, fellowship and struggle into the New Energy World of Divine Creation and Synchronicity, where All The Power, All The Answers, All The Solutions and All The Things That You Need Exist - NOW!
  - Learning to give thanks (Appreciation and Gratitude) to Yourself, and not to a "Supreme Power" outside of Yourself, because the "Supreme Power" is not outside of Yourself, but IS Yourself.

And So Much More... for The Unprecedented Journey... across The Chasm... into The New

**Meanwhile...**  
**Never see yourself**  
**as less than anyone or anything.**  
**Because you're not.**

**Never see yourself**  
**as unloved or alone.**  
**Because you're not.**

**Never see yourself**  
**as insignificant or powerless.**  
**Because you're not.**

Never see yourself  
as unworthy, ignoble or sinful.  
Because you're not.

Never see yourself  
as a failure.  
Because you're not.

Never see yourself  
as being ultimately judged  
by an objective higher power.  
Because you're not.

Never see yourself  
as anything less than God.  
Because you're not.

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## 2. *How smart is Your Right Foot ?*

Just try this. It is from an orthopaedic surgeon..... This will boggle your mind and you will keep trying over and over again to see if you can outsmart your foot, but, you can't. It's pre-programmed in your brain!

1. While sitting where you are at your desk in front of your computer, lift your right foot off the floor and make clockwise circles.
2. Now, while doing this, draw the number '6' in the air with your right Hand. Your foot will change direction.

I told you so!!! And there's nothing you can do about it! You and I both know how stupid it is, but before the day is done you are going to try it again, if you've not already done so. Send it to your friends to frustrate them too.

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## 3. **MERCURY RETROGRADE** **Global Delay and Reorientation Periods**

Info from astrologer Dina, [www.dinastro.com](http://www.dinastro.com)

Three times a year, every year at different times, the planet Mercury goes retrograde. This term is used to describe the motion of when a planet appears to be moving backwards. This happens when the Earth overtakes a planet making that planet appear, from the Earth's perspective to be moving backwards. The meaning of this phenomenon is dependent on the planet involved.

During the following periods expect delays and breakdowns regarding daily affairs and activities. This delay period involves breakdowns affecting communications, work, car, phone, electricity, fax, computers, plans, meetings, appointments, decisions, traffic, travel, finances, agreements, and activities embraced on a daily basis. Misunderstandings usually happen here - companies do not merge, traffic jams occur during this

period, appointments are postponed or run late, deadlines are not met, decisions are not made, deliveries run into confusion, or are late to arrive, orders are misplaced or confused. This is not a good time to plan, sign, agree, travel, start anything new, fix (service car, hang picture on the wall), deal with the body (have an operation), plan, decide, and any news heard or decisions made will be changed again. This is not the time to get frustrated as this energy is *global*. This is not the time to push forward but rather it is a time to assess, evaluate, and review. This can be an eventful time of realisations. Use this time to make a list of plans and how you will implement your decisions.

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#### 4. February 2008 Astrological Newsletter

by Michelle Karen

[www.michellekaren.com](http://www.michellekaren.com)

**January 28 – February 19 2008**

Two eclipses this month! This always means a major turning point after which our lives will never be quite the same. The decisions made at this time will have long reaching consequences and will place us on tracks which will lead to different choices and new environments. There could be some massive relocation during this time as we need to find our right spot on the planet, the place that makes our soul soar. We could leave behind jobs, circumstances and people we no longer feel connected to.

The Solar Eclipse will occur on Wednesday 2/6 at 7:44 PM at 17°44' Aquarius. This degree is symbolized in the Sabian Symbols by "a man's secret motives are being publicly unmasked". This will mark the beginning of the unraveling of all the lies that have been perpetrated. The notion of oneness won't be so abstract anymore and we shall understand more deeply that all that we do and think is not only visible to others but also affects them. It is now time to cut binding cords with our past and to move forward clear of what has been limiting our progress. That means listening to our hearts and only doing things or congregating with people who inspire us joy.

The Lunar Eclipse will occur on Wednesday 2/20 at 7:30 PM at 1°53' Virgo. "A large white cross dominates the landscape". This is how Sabian symbols describe this very magical degree. As we move resolutely towards our future, we need to do so with tremendous clarity of purpose, purity and a sense of our own sacredness. Bridging dimensions together, the cross is also symbolic of our connection with each other. This marks a time of building upon the new ground that we have created for ourselves, free from what was no longer conducive to higher growth.

Mercury is retrograde until February 18 at 6:57 PM when it reaches 8°19' Aquarius. "A flag is seen turning into an Eagle" is the symbol for this degree. During this retrogradation, we revisited what had kept us from our inner truth and the values unearthed are leading our spirit to incredible freedom. No longer defined by external circumstances, we can fully embody our power and continue our ascension process with a knowingness that we are all that is.

Saturn is still retrograde this whole month between 6°57 and 4°47' Virgo. There could still be issues around authority and discipline. We are having to find a subtle balance between our own inner authority and external authority without allowing ourselves to feel disempowered by the structures we still need to compose with. If we look closely, those delays are actually helping us define who we really are.

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## 5. *Bioscalar Energy: The Healing Power*

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[www.bioenergy.org](http://www.bioenergy.org)

Most leaders in the healing arts accept that all mass including the body is composed of atoms which operate electrically and that organized electromagnetic energy called fields is involved in all healing. Certainly I have contributed to these facts with my research describing the science of the mind-field reported in *Infinite Mind* and *Mind Mastery Meditations* books. But I had lingering questions about how an electromagnetic field with frequency patterns directly and instantaneously effects dense tissue like cells, organs and systems.

Most of us have accepted elaborate deductions of how this happened. I believe when the field patterns become more ideal (healthy) the bodily tissue follows. Such thinking has led us to believe that the human mind with consciousness is master of the body and its behaviors.

Somehow I rejected complex enfolded answers as to what is the power that creates the healing. My higher wisdom told me that the source of information I sought was simple, straightforward and profoundly encompassing. On a broader level I even entertained the idea presented by some physicists that there was another undiscovered energy that would be found to explain the mystical happenings of remote viewing, distance healing, teleportation and the powerful acts of the yogi masters who resist crushing forces. Invariably I sensed that the unknown energy I was seeking was related to the electromagnetic field that I had researched but that somehow it was different; it had new dimensions and properties. Woven into the philosophies of ancient cultures and religions, are forces called chi, psi, and life force. While I did not reject such beliefs, as a scientist I was looking for energy with power that carried tangible effects and could be created in and outside the body to fuse biological information with para-psychological knowing.

Along this line my first new insights came while I observed, even participated, with some outstanding psychic surgeons. I was not interested in whether they removed bodily tissue or cured symptoms. I was only interested in did they open the body without pain and bleeding and close it up without leaving scars. During my work with them I put my fingers into their incisions and felt the intestines and periosteum of the person (familiar from my long experience teaching anatomy using cadavers). In one instance the psychic surgeon pushed unrolled gauze into an incision "to absorb the contaminations". Before he closed the incision I took hold of the gauze and pulled it to one side. To my wonderment the skin and incision moved to that side. Only then was I convinced he had opened the body but I didn't know how.

Later came an amazing discovery. These men did not radiate electromagnetic energy through their auric field like healers do. The psychic surgeon's bodies were like inert posts. Such was so strange that I had believed that I had lost my sensitivity to electromagnetism under the amazement that they had opened the body so easily. At that moment a world-renown animal psychic and healer, Samantha Khury, entered our small circle radiating her strong electromagnetic field. It was then that I recognized the energy created by the psychic surgeons was different from that created by good healers. What the energy was and how they created it was still a mystery for me.

Weeks later my persistent questions and growing impressions fused. I realized that the psychic surgeons did not emanate an electromagnetic wave action. Somehow they did their dramatic work with a strong, huge but more passive energy. It was then that I remembered my contact with Tom Beardon and Eldon Byrd some 15 years ago at Psychotronics meetings.

They lectured and wrote about scalar energy. Even then I grasped the importance of this information but I could not relate that energy to electromagnetism, my field of study.

Before I share with you my excitement and personal discovery of Bioscalar Energy, the conscious ways to create it and its clinical results here is a brief summary about scalar energy.

The term scalar was used by Nikola Tesla at the end of the last century as a part of powerful non-Hertzian energy (without frequencies) which he referred to as cosmic waves. Einstein gave reference to the scalar energies in the 1920's. Yet even today modern physics textbooks and scholarly publications do not mention scalar energies. This is understandable. The electromagnetism that we know so much about has frequencies,

wave action and motion that we can measure. Scalar energy is described to have zero frequencies, to be static, a stationary energy which therefore cannot be evaluated by our current frequency instruments. We do know how to create this energy but only its effects tell us that it exists in space and has power.

During the Cold War Tom Beardon and Eldon Byrd, visionary and somewhat rebel physicists-engineers, discovered the Russian development of scalar standing energy and how it could be transported as a powerful weapon. This energy was created from high voltage generators. (Fortunately for the world it was never used destructively).

Andrija Puharich, physicist, researching in Germany, developed a miniature milli-volt scalar generator. The ELF Co. of the USA refined his scalar module placing it in a "Teslar" wristwatch that created a standing energy to protect the wearer from destructive environmental radiation.

### *What is Scalar Energy*

The literature states that the scalar is created when two common electromagnetic waves come together from two different converging vectors or angles; where the energy vectors meet the equal frequencies cancel each other leaving a standing or stationary energy. The space the scalar occupies is not a vacuum but alive with checked and balanced energies. The literature describes that it can be created by electromagnetic generators or naturally when similar frequency waves in the environment meet from two different vectors. Therefore, small random scalar energies are always present in the environment.

I have discovered that when the Mind-Field™ is consciously focused, intent can direct electromagnetic frequencies to enter the body at opposite ends of a straight angle or line, i.e. front to back, up to down, right to left, placing scalar energy in the trunk, head and legs. I believe that the bioscalar is the sustained energy for healing that all successful healers create and direct. In the same way each of us can create the powerful resting bioscalar energy and by thought we can direct it to bodily areas and give it instruction to: eliminate pain, heal traumatized tissue, destroy disease and eliminate tumor growths. Certainly this is not a new thought to the healing arts, however the mechanism by which the mind creates and directs this energy is new and scientifically verifiable.

Beardon believed that the scalar energy resided in the nucleus of the atom. How profound! If this is true, the bioscalar energy is deeper than cells, molecules, genes, and the DNA. It is a source energy that directly influences all tissue. Beardon further states that the scalar energy is a repository for information. Probably when human thought and intent make major changes in bodily tissue it occurs by creating and informing the scalar energy at the most microscopic level – the nucleus of the atom.

**After the energy starts pooling at the center of your body**, this is where your intent takes over. Now consciously direct the energy to a location with information as to what it is to accomplish, such as: remove pain, clear trauma, destroy disease, rebuild degenerated tissue and absorb growths. You may change vectors to another plane. Depending on the severity of the health problem this procedure should be continued for 10 minutes to several hours.

When healing another person it is best to increase and stabilize your own electromagnetic field first, followed by visualizing or hands-on treatment using the same procedure as creating a scalar in yourself. It is better to create the scalar for another person while exhaling. Many excellent healers create this bioscalar energy automatically without awareness or realization that they have manipulated the structure of electromagnetic waves.

The scalar energy will increase in size up to a certain point if you continue creating it. When the internal pressure increases, the surface tension will lessen and the energy will expand in bodily tissue. Your intent can also start the expansion which continues until the energy is dissipated and returned to electromagnetism. You cannot store scalar energy indefinitely. If you need it you must re-create it. During the expansion phase the energy spreads out over molecules, cells, organs and systems. This is when healing takes place. Remember that the scalar energy is force by expansion. The human mind instructs it in its direction and its focus.

### *How Does the Scalar Heal?*

#### 1) Improving circulation.

Research in 1950 at the Max Planck Institute in Germany found that when a mechanically created scalar wave was introduced into a petrie dish containing living cells, the cells separated, lost their clumping and became more active within the fluid medium. This is a significant finding. All disease, injury or degeneration is accompanied by swelling and stasis in blood and lymphatic circulation. The body's healing substances are then immobilized. Apparently the expansion aspect of the scalar energy improves circulation by removing the pressures. We have found that the scalar energy remarkably reduces swelling. I doubt that this occurs from ionization of fluids because the zero-frequency of the scalar is not ionized.

#### 2) Improving chemistry.

Puharich found improvement in the immune and endocrine systems from in vitro study of scalars. Rein did extensive biological studies using the Teslar watch. Lymphocytes exposed to the Teslar watch scalars increased proliferation by 75% compared to the same watch without a scalar coil. Using other scalar generators he discovered a modulation of basic biochemical communication between nerve cells. Byrd also showed scalar energy increased the strength of low-level EEG frequencies. Rein found individual differences in biological responses to both electromagnetic fields and scalar energy. Our research has shown that the individual's signature pattern of the electromagnetic field, probably the coherency of the individual's field, predicts the responsiveness to both energies. Furthermore, Rein questioned how much effect on biotissue could be uniquely attributed to the scalar wave since it exists in a larger electromagnetic field.

#### Clinical Evidence of Bioscalar Healing.

My students and I have used the bioscalar in healing for about 3 years. We have not encountered any illness, injury or surgery that the scalar energy did not help. The speed and completeness of recovery is outstanding.

#### *Injury*

Traumatic injuries, fractures, dislocations, subluxations, and bone spurs have been completely healed in approximately one quarter of the average time. With one person pulverized fractures, where bone setting was impossible, re-grew down normal pathways in five months.

Acute pain ordinarily only relieved by codeine or morphine became tolerable with across-the-counter analgesics.

#### *Medical Conditions.*

The anticipated time for surgery was considerably shortened. Bleeding was minimized with low hemoglobin patients. Recovery seemed to be much faster and more complete.

Healing of hyperactive nervous disturbances like skin rashes or shingles were cured or shortened to days not weeks. More serious hyperactive diseases like scleroderma were greatly improved.

The debility and course of action of viruses and bacteria was shortened. During congestive pneumonia there was rapid improvement of breathing without the introduction of oxygen.

Cancer patients reported improved tolerance to chemotherapy.

A degenerative liver condition following hepatitis C was greatly improved.

Cellular degeneration was eliminated with one patient, another improved through standing and walking.

A patient with a massive stroke with poor prognosis continues to improve.

Scalar energy was particularly effective with ill domestic animals.

#### *Releasing Emotion.*

Healers report more incidences of release of tissue held emotions when they activate the bioscalar.

Two patients who learned to create their own scalar energy reported breaking a long drug addiction without withdrawal symptoms.

#### Conclusions.

Clinical results from our treating some common medical problems show that a combination of ordinary electromagnetic fields with bioscalar energy causes the fastest and most complete healing. The bioscalar energy adds the unique qualities of strength and sustaining power for enduring changes.

The discovery of the bioscalar energy has many other pluses. It lets us know again the magnificence of the human mind to direct our destiny, to use our consciousness to create this powerful energy for healing self and others. It strengthens our security with independence from drugs Its only side effects are the improvement of health.

My laboratory will explore the role of bioscalar energy in distance healing, remote viewing, telepathic communication and the feats of the masters to create “inhuman forces”.

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## 6. 2008 THE YEAR OF CONVERSION

By Gillian McBeth Louthan, [www.thequantumawakening.com](http://www.thequantumawakening.com)

The vibrations of 2008 are all about conversion, changing from one form into another. It will be a paramount year for seeing the fruition of many a tree you thought was dead. A time where miracles revive and breath life into the broken dreams and lost hopes of so many.

*Conversion is defined as an event that results in a transformation, a change in the units or form of an expression: (like conversion from Fahrenheit to Centigrade) the act of changing from one use or purpose to another. A change in which one adopts a new faith, or belief.*

The conversion of 2008 asks how do you spend your time energy, money, and light. Do you spend too much time and energy in worrying or waiting for a sign from the universe? How much time energy and money did you put into the last large item you bought for yourself (car, house, appliance, computer etc) how many hours did you log (or blog) worrying about the money to get the thing? How many miles did you drive looking for the thing? How hard did you work to get the money to buy the thing?

Look at all that time energy and life force that is now held in your new refrigerator etc. See that as a living light. The item has more value since it took so much of you to manifest it. Take a moment right now and visualize yourself breathing all that time energy and money in the form of a living light deep into your being filled your void with it, filling the empty tired spots of your energy field. Just keep breathing in and filling yourself with all the life-force you spent getting that item in the first place. Now in your heart of hearts how do you want to spend this new light and life-force you have just filled yourself with? You can keep it and just relax into it as a big ole soft cushion or you can take it and shoot it toward the next star you want to wish on.

The vibration of 2008 is about increasing the vibration and value of self.

2 = holds the vibrational word energy of time, will, duality, balance

0-0 = holds the vibrational word energy of *'all that was before creation'*

8 = holds the vibrational word energy of goals, success, prosperity, trust, faith hope, god and Moses.

As a total unit of numerical 10 it has the vibrational word energy of vitality, crown, man, arise, shine and conversion point.

During this time of cleaning and purification when all are stripped down to their core it is important to remember that there is a lifeboat that seeks to rescue you. The feeling of drowning is real as you learn to swim in deeper waters. The dross is consumed by the phoenix as it flies thru the fires seven times seven.

Hold tight to whatever is your daily blessing, as it will keep you afloat until the tides lines change. Meeting your mark is not necessarily a date with destiny. What you have marked with thoughtful desired attention is as varied as apples in a barrel. From sea to shining sea the emotional ocean changes as the world enters the month of liquid learnings.

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## 7. Recommended Reading

While I did relax with a couple of good novels over the holiday period, the odd mind-stimulating and thought-provoking book still captured my attention in between the escapism. My personal favourites for this month are :

### **The Orb Project** by Míceál Ledwith & Klaus Heinemann

Having been interested in the phenomenon of orbs for a number of years now, I am happy to see these interesting digital manifestations receiving some good scientific attention. I have never believed that orbs were merely camera or environmental anomalies – from the very beginning when I started taking orb photos, it was with a friend's digital camera, and prior to loaning it to me, she had never seen orbs in the photos from this camera. Now they are there often. The same with my partner – no orbs in the photos that he takes, but when I use the camera, they are always there. Same camera – different results. It begs a number of questions, which this book investigates from both a scientific as well as spiritual perspective. Well worth reading if you are intrigued by Orbs. Available from Cygnus Books.

### **Sound Health, Sound Wealth** (The Biology of Hope and Manifestation) by Luanne Oakes PhD

A well written book bridging science, spirituality and Health. Easy to read, incorporating many of the principles we have been exposed to via *The Secret* and *What the Bleep*, as well as integrating the power of sound and light and it's effect on our biology. It also includes a special "frequency treatment" cd, which has a deeply relaxing effect. Luanne Oakes has a lovely personal energy that is transmitted via her work.

Worth taking a look at. The book is available at [www.amazon.co.uk](http://www.amazon.co.uk) and additional resources at [www.soundhealthsoundwealth.com](http://www.soundhealthsoundwealth.com)