

A World of Diamonds

An Article by Julie Umpleby

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In the years leading up to 2012 and beyond, our greatest responsibility is to re-connect with our own personal power source or divine essence. The speed with which we are being faced with old patterns and emotional energetic blocks is increasing rapidly as we open up more deeply to our own sense of source, prompted both from within, as well as being impacted upon by the energetics of our environment. It can easily feel as if we are being thrown from one extreme state of being or event to another without pause for breath in between. For many people, even those who have been consciously working spiritually for many years, it can be difficult to maintain a feeling of balance and flow in these times.

Over the past few years I have been working consciously with an awareness of both science and spirituality as the result of having a scientifically oriented background. Often the answers we need may be found in either of the two worlds, which I see as two flip sides of the same coin. As a result of this, I have developed the Diamond Light Grid work and along the way have gained a great deal of knowledge around the significance of the diamond or octahedral shape. Did you know for instance, that galaxies in our universe arrange themselves in 'superclusters' that are octahedral in shape? Or that the heme molecule that is responsible for transporting oxygen around your body, is actually 4 octahedrons of iron surrounded by chains of enzymes (ref : Dr Fred Bell, Rays of Truth). From the macro level of the Universe to the micro level within our own bodies, we see the diamond reflected.

The information I have received from Spirit is that the Diamond or Octahedron is an energy tool that assists us in maintaining balance through the challenges we are being faced with, and also acts as an energy container for the increased frequencies that both we and our planet is experiencing. Throughout this article I will use the terms diamond and octahedron as referring to the same thing – the sacred geometric form of the octahedron.

In recent years, more and more people have been connecting with the diamond energy and geometry in one way or another. Celia Fenn wrote in 2007 of the Diamond Doorways opening and the Diamond Paradise Grids now being in place, while The Hathors through Tom Kenyon inform us of the importance of the octahedron (diamond) as a geometry for maintaining balance in the energetic times we are moving through.

Six years ago marked the beginning of some profound information I began accessing from my soul essence about diamonds, a human diamond light grid and diamond codes, of which I had little understanding of at the time. It doesn't have the status of being attributed to an ascended master or known group of extraterrestrial beings. It wasn't even really channelled in the conventional sense although I had previously done some work with what I believed were Pleiadian Emissaries. Rather, this experience was more like accessing information from somewhere deep within, a feeling of needing to give birth to something significant, and the result of some challenging life circumstances that I was simply determined to move through, understand and clear.

At the time, I had given up on channelling anything 'outside' of myself, and in any meditative state I went into I simply set up and invoked my Highest Self as the conduit and gatekeeper for any and all guidance that was required. I learned to recognise the difference between a purely mental activity and the energy from Spirit by feelings in my body – especially in the heart. Whenever my physical body responded to information with a deep, warm pulse in the heart I knew that it was right and true. It is particularly interesting that Karen Bishop (What's Up on Planet Earth energy alerts), says the following in her 22 April 2008 posting,

“Our old spirit guides may have departed, as our guidance is being encouraged to come from within ourselves...not from without (even though our spirit guides were always only higher vibrating aspects of ourselves anyway: it is just that we are now becoming them or surpassing them).

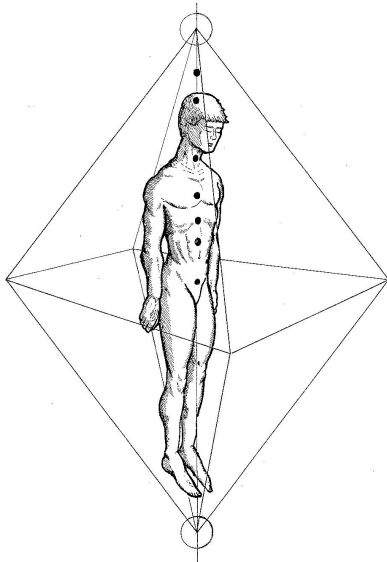
So for some, new guides may arrive and for others, they may be greatly encouraged to use their wisdom from within. As we continue with our evolutionary process, more and more we become the

angels of the earth ourselves as we ourselves become the non-physical beings with whom we used to consult”

We are told often through spiritual teachings that our ultimate guidance comes not from without, or any other beings, but from within, and to access our own wisdom. This then, is the source of the Diamond Light Grid and my subsequent work.

So, the information I have about the diamonds was in consultation with my own Spirit and through that connection from the universal source. What I was told, was to “*Build the Grid between the stars*”, in other words between the soul star and earth star chakras, and I have devoted the past 5 years of my life working to understand just what this meant and why it was such an insistent message.

I was shown an octahedral grid of the purest white light that surrounded people, virtually replacing the aura as we know it. A friend who is an energy intuitive and channeller last year found herself spontaneously taken into a future life about 200 years hence, and described many things she saw including the fact that people no longer had auras, but had *distinct diamond shaped energy fields* that they were able to focus their energy through in a very precise way. Humanity in this potential future were aware of these diamond fields and they were so bright and clear they were visible to the naked eye. They consciously worked with them and through them, and they facilitated the transmission of tremendous spiritual and healing power or energy.



Orientation of the Diamond Field around the body. Note the diamond field is oriented such that the central point is aligned with the tailbone of the spine, which is the geometric centre of the body

My journey into understanding why the diamond or octahedron is so important as an energy ‘shape’, has been fascinating and I truly believe that we are being given an energy technology now to not only prepare ourselves for the vibrational shifts we are experiencing, but also to imprint our DNA and the morphogenetic fields with this information for future generations. When in September 2007, I learned of a book that had been published called “*Tuning the Diamonds*” (a remarkable work by Susan Joy Rennison), I was quite stunned to realise that others had been connecting with and exploring this very same geometry, all with a deep sense or inner *knowing* of its importance. It was at the same time that Celia Fenn was talking about the Diamond Doorways opening, and also a period when I was woken up one morning with an urgent “*It’s time*” repeating in my head. It certainly is time to awaken to the diamonds within in a very literal sense – our diamond energy fields are taking shape and they have an important role to play in taking us forward into creating a new heaven on earth.

Drunvalo Melchizadek brought sacred geometry to life through his Flower of Life workshops, and with this, the knowledge of the Mer-ka-ba as a lightbody vehicle became widely accepted and known about. Within this context I struggled to understand the significance of the diamond, if it was the mer-ka-ba light body that was so important. I was shown very specifically that the diamond within the mer-ka-ba actually holds the energies stable and enables us to connect more strongly with the more complex light field geometries.

More recently I have come to understand that while the octahedron is a sacred geometric tool, *all* of the sacred geometries are significant and function as *nested* shapes – one can’t really exist without the

other. The stability of the mer-ka-ba and subsequent higher lightbody forms is dependant upon a stable diamond at the core. In addition, our ability to *hold* and anchor the increased frequencies we are being bathed in is a specific function of the diamond.

This understanding extends itself to the dodecahedral and icosahedral grid energies currently coming alive. In order to fully experience the bliss of our most expanded self (represented by the Christ energy frequencies of these advanced grids), it is important to build the containers or energy vessels to accommodate such energy.

The diamond is at the core of this.

In terms of the specific qualities of the diamond, there is some interesting information from the world of physics, metaphysics and the spiritual which builds up into an interesting picture. Here are a few of the qualities of the diamond :

- It represents perfect balance
- It is a perfect receiver and transmitter of energy
- It acts as a filter to literally help to filter out what you are not and create an alignment with your core essence
- It is a powerful container for energy
- It is the Jewel in the Lotus – the diamond at the core of self

In terms of geometry, the octahedron is the shape that is able to contain the greatest density of energy for the volume of space within it – in other words, if you compare a cube, sphere, tetrahedron or any other sacred geometric shape (platonic solid), you will find that for the same volume of space, the octahedron can literally hold more energy.

The diamond is part of our current evolutionary process, and will help us to adjust to holding the greater electrical ‘charge’ of our divine essence.

Here is a simple exercise for you to try :

1. Visualise yourself surrounded by a crystalline, octahedral field of light as demonstrated in the picture. Play with the diamond for a while as it surrounds you and see how it feels if you move it up or down, or shift it from side to side. Does it feel balanced?
2. Now imagine that there is a thread, or fibre of light extending from each of the 6 points of the diamond towards your centre – these 6 fibres of light meet at the lowest tip of your spine or tailbone. As they meet, there is a burst of light out into your space, filling the diamond, while at the same time the diamond is held firmly in place.
3. The effect is both grounding and uplifting or energising, and if you practise this regularly you will gradually feel the energy beginning to build within your physical body. You may even become aware of particular colours appearing in the diamond, as well as finding that there are additional fibres of light beginning to form. These will be the beginning of your Diamond Light Grid and an ultimate network of light that facilitates re-wiring of your energy circuitry and a deeper connection with your source of power or divine self.

It’s like becoming a spiritual battery.....

As we build our own diamond grids, we connect more strongly with the grids of our planet, and indeed the universal grids. It is also possible to help others to align their energy bodies and build their diamond grid which is something a number of complementary therapy practitioners have been finding is very grounding for their clients at the end of a therapy session.

One client during a mini alignment session had a visionary experience of strings of ‘human’ diamonds connecting around the planet, which is a beautiful vision to hold!

May the diamonds of your divine being shine forth so that together we create a higher and greater reality for all.

For more information, home study courses and workshops contact Julie Umpleby on 079 0086 1221, or visit www.diamondlightworld.com. Julie is the originator of the Diamond Light Grid process , and works with many different energy modalities including Antanea Technique (emotional release bodywork), Reiki (master/teacher), PNI (Psychoneuroimmunology), Huana Crystal Signatures and has been teaching a number of personal and spiritual development programmes for the past 10 years.